



Barnana
Organic Plantain Chips
(selected varieties)

2/\$6
5 oz



GT's
Organic Kombucha
(selected varieties)

2/\$5
16 oz



Immaculate
Organic Cinnamon Rolls

\$5.79
17.5 oz



Cascadian Farm Organic
Organic Cereal
(selected varieties)

2/\$7
9.2 oz



Lundberg Family Farms
Organic Rice Cakes
(selected varieties)

\$3.49
8.5-11 oz



Earth Balance
Organic Vegan Whipped
Buttery Spread

\$5.79
13 oz



Bob's Red Mill
Baking Soda

\$2.79
16 oz



Lily's
Chocolate Baking Chips
(selected varieties)

\$6.29
9 oz



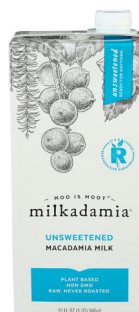
C2O
Coconut Water
(selected varieties)

\$1.79
17.5 oz



Milkadamia
Macadamia Milk
(selected varieties)

\$3.79
32 oz



Essentia
Alkaline Water

\$2.29
1.5 lt





Our mission is to cultivate a healthier and happier world by spreading goodness through nourishing foods, honest words and conduct that is considerate and forever kind to the planet.



**Annie's
Organic Graham Crackers**
(selected varieties)

2/\$7
14.4 oz



**Annie's
Organic Fruit Snacks**
(selected varieties)

2/\$6
4 oz



**Annie's
Mac & Cheese**
(selected varieties)

5/\$5
5.25-6 oz

**Tasty Bite
Indian Entrée**
(selected varieties)

\$2.99

10 oz



**Mike's Mighty Good
Craft Ramen**
(selected varieties)

2/\$4

1.6 oz



**Jovial
Organic Gluten-Free Egg
Tagliatelle Pasta**

\$4.29

9 oz



**Crown Prince Natural
Smoked Oysters in Olive Oil**

\$2.49

3 oz



**Mediterranean Organic
Organic Capers**

\$2.79

3.5 oz



**Primal Kitchen
Pasta Sauce**

\$6.79

15-24 oz



**Pacific Foods
Organic Broth**
(selected varieties)

\$3.99

32 oz



**Bragg
Organic Apple Cider
Vinegar**

\$5.49

32 oz



**Chosen Foods
Avocado Oil**

\$10.99

500 ml



Prices & varieties may vary by location. Some items or varieties may not be available at all stores or on the same days in the month of April.

Annie's
Organic Dressing
(selected varieties)

2/\$8

8 oz



Simply Organic
Organic Dip Mix
(selected varieties)

\$1.29

.7-1.5 oz



Late July
Organic Tortilla Chips

2/\$7

10.1 oz



Hippeas
Organic Chickpea Puffs

\$2.79

4 oz



Angie's
BoomChickaPop Popcorn
(selected varieties)

\$2.99

4.5-7 oz



Newman's Own
Sandwich Cremes
(selected varieties)

\$4.29

13 oz



KIND
Nut Bar
(selected varieties)

\$1.79

1.4 oz



**TASTY
UPCYCLED SNACKS
THAT FIGHT
FOOD WASTE**



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Natural Dyed Eggs

1 quart water
2 tablespoons white vinegar
Hard boiled eggs

For pink eggs: 2 medium beets, shredded
For blue eggs: ½ small red cabbage
For orange eggs: 4 yellow onion skins
For yellow eggs: 2 tablespoons ground turmeric

1 Place water and one natural coloring agent into a 2-quart pot and bring to a boil. Reduce heat and simmer for 15-30 minutes. Cool mixture and strain each mixture into a separate bowl using a fine sieve. Stir in vinegar.

2 Place hard boiled eggs into respective dyes for 20 minutes, longer for deeper color.



Santa Cruz Organic
Organic Apple Sauce Cups
(selected varieties)

\$3.99



6 pk - 4 oz

One Degree Organics
Organic Sprouted Cereal
(selected varieties)

\$4.49



8-10 oz

Birch Benders
Organic Pancake & Waffle Mix
(selected varieties)

\$3.79



14-16 oz

SweetLeaf
Sweet Drops Liquid Stevia

\$5.79



2 oz

Wholesome
Organic Brown Sugar

\$4.49

24 oz



Navitas
Organic Cacao Powder

\$6.99

8 oz



Lets Do...Organic
Organic Coconut Flakes

\$3.79

7 oz



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Hu
Organic Chocolate Bar
(selected varieties)

\$3⁷⁹

2.1 oz



Alter Eco
Organic Chocolate Bar
(selected varieties)

2/\$6

2.65-2.82 oz



Tony's Chocolonely
Chocolate Bar
(selected varieties)

\$3⁷⁹

6.35 oz



Laird Superfood
Superfood Creamer
(selected varieties)

\$6⁹⁹

8 oz



Aura Bora
Herbal Sparkling Water

2/\$3

12 oz



ROAR Organic
Organic Vitamin
Enhanced Beverage

2/\$4

18 oz



Orgain
Organic Vegan
Nutritional Shake

\$2⁴⁹

11 oz



REBBL
Organic Super Herb Elixir
(selected varieties)

\$3⁴⁹

12 oz



Koia
Plant-Based
Protein Shake

\$2⁹⁹

12 oz



Live
Organic Kombucha

\$2²⁹

12 oz



Califia Farms
Almondmilk

\$5²⁹

48 oz



Brighten up your day with R.W. Knudsen's vibrant juices. R.W. Knudsen Organic Tomato Juice is a perfect brunch beverage. Add R.W. Knudsen Morning Blend to your breakfast for a rejuvenating start to your day, it adds a boost of antioxidants.



R.W. Knudsen
Organic Tomato Juice



R.W. Knudsen
Morning Blend

\$3⁴⁹

32 oz

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Daiya's goal is to ensure that everyone can gather around the table—food-allergic, flexitarian, vegan, and everyone in-between—sharing meals made with respect for the planet, a commitment to quality, and a love for every bite.



**Daiya
Deluxe Mac & Cheese**
(selected varieties)

\$3.79

10.6-10.9 oz



**Daiya
Dairy-Free Cheese
Style Slices**
(selected varieties)

\$3.79

7.8 oz

**Organic Valley
Organic Milk**
(selected varieties)

\$4.99

64 oz



**Ripple
Plant-Based Milk**
(selected varieties)

\$4.99

48 oz



**Brown Cow
Yogurt**
(selected varieties)

99¢

5.3 oz



**So Delicious
Coconut Milk Yogurt**

\$5.29

24 oz



**Green Valley Creamery
Organic Lactose-Free
Cream Cheese**

\$3.49

8 oz



Bitchin' Sauce
(selected varieties)

\$4.79

8 oz



**Miyoko's
Organic Vegan Cashew
Milk Cheese**

\$6.49

6.5 oz



**Miyoko's
Organic Cultured
Vegan Butter**

\$4.79

8 oz



**JUST
Plant-Based Egg Scramble**

\$3.79

12 oz



At Miyoko's Creamery, we make the finest organic plant milk cheese & butter, with traditional methods and real ingredients; evolving the time-honored art of the creamery with plant milks.

**Tofurky
Plant-Based Deli Slices**
(selected varieties)

\$3⁷⁹

5.5 oz



**Cascadian Farm Organic
Organic Potatoes**
(selected varieties)

2/\$8

16 oz



**Sambazon
Organic Frozen Fruit
Smoothie Packs**
(selected varieties)



\$5²⁹

4 pk - 100 g

**So Delicious
Plant-Based Frozen Dessert**
(selected varieties)

\$4⁷⁹

16 oz



**Manitoba Harvest
Organic Hemp Hearts**

\$12⁹⁹

12 oz



**Vital Proteins
Collagen Peptides**

\$37⁹⁹

20 oz



**Solgar
Quercetin Complex
with Ester-C® Plus
Vegetable Capsules**

\$16⁹⁹

100 cap



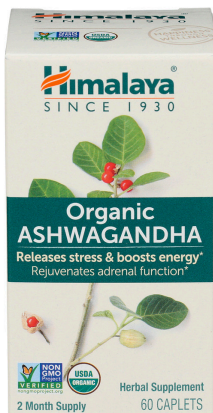
**Gaia Herbs
Turmeric Supreme Extra Strength**

\$19⁹⁹

60 vcap



**Himalaya
Organic Ashwagandha**



\$16⁹⁹

60 cap

**KAL
Magnesium Glycinate 350**

\$16⁹⁹

160 vcap



**MegaFood
Zinc**

\$14⁹⁹

60 tab



**Garden of Life
Vitamin Code® 50 & Wiser Women**

\$35⁹⁹

120 vcap



**Natural Factors
Whole Earth & Sea™ Women's
50+ Multivitamin & Mineral**

\$27⁹⁹

60 tab



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Terry Naturally
CuraMed 750 mg

\$23⁹⁹

30 sgel



Boiron
Sinus Calm

\$9⁹⁹

60 tab



Natural Vitality
Calm Gummies

\$21⁹⁹

120 ct



Nordic Naturals
Ultimate Omega Lemon

\$36⁹⁹

120 sgel



Bach
Rescue Remedy

\$19⁹⁹

20 ml



Botanical body care that's good for you and the planet.



EO[®]
ESSENTIAL OILS

+ everyone[®]
FOR EVERY BODY

www.eoproducts.com

Bluebonnet Nutrition
Liquid Calcium Magnesium Citrate

\$13⁹⁹

16 oz



Veriditas by Pranarom
Lavender Essential Oil

\$8⁹⁹

5 ml



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**Desert Essence
Toothpaste**

\$5²⁹

6.25 oz



**Dr Tung's
Dental Floss**

\$3⁷⁹

30 yd



**ACURE
Brightening Cleansing Gel**



**EO
Organic Deodorant**

\$5²⁹

4 oz



**Mrs. Meyer's Clean Day
Liquid Dish Soap
(selected varieties)**

\$3⁷⁹

16 oz



\$7²⁹

4 oz

**Everyone
Hand Soap
(selected varieties)**

\$4²⁹

12.75 oz



**Dr. Bronner's
Pure-Castile Liquid Soap**

\$14⁹⁹

32 oz



**Ecover
Dishwasher Tablets
(selected varieties)**

\$4⁷⁹

17.6 oz



**ECOS
Laundry Detergent**

\$12⁹⁹

100 oz



**If You Care
Parchment Baking Paper**



\$4⁷⁹

70 sq ft

**Seventh Generation
Dishwashing Liquid
(selected varieties)**

\$3⁴⁹

19 oz



**Seventh Generation
Bath Tissue**

\$10⁹⁹

12 ct



Clean with purpose.
Our products work hard in
your home and are made
with your safety in mind.
Join us on our mission to
transform the world into a
healthy, sustainable, and
equitable place for the
next seven generations.



We are part of INFRA (Independent Natural Food Retailers Association), a network of independent retailers of all sizes working together to further the future of real food—for our communities and for our planet.

Together, we're able to provide you with discounts on the food you love as well as collaborate to achieve important goals of increasing sustainability and addressing climate change.

INFRA Deals are available at Independent Natural Food Retailers Association member store locations. For more information and a complete listing, please visit www.naturalfoodretailers.com.

ALABAMA

Manna Grocery & Deli

ARKANSAS

The Eureka Market
Good Measure Market
Natural Food Store
Nature's Wonders
Olde Fashioned Foods
The Truck Patch
Village Nutrition

ILLINOIS

Apple Valley Natural Foods
Choices Natural Market
Common Ground
Cornucopia Natural Market & Deli
Food Fantasies Naturally
Green Earth Grocery
Heritage Natural Foods
Highland Nutrition Center
Kankakee Natural Foods
Local Foods
Nature's Cornucopia
Pass Health Foods
Polson's Natural Foods
Southtown Health Foods
Sunrise Health Foods

INDIANA

Apple Valley Natural Foods
Down to Earth Natural Foods
Georgetown Market
The Good Earth Natural Food Co
Harmony & Health
The Health Food Shoppe of Fort Wayne
Natural Choices for Healthful Living
Nature's Cupboard
Rainbow Blossom
Sunrise Health Foods
The Sunspot Natural Market

IOWA

Campbell's Nutrition
Everybody's Whole Foods
Heritage Natural Foods

KANSAS

Kountry Kupboard

KENTUCKY

Happy Meadow Natural Foods
Rainbow Blossom

MICHIGAN

Apple Valley Natural Foods
Better Health Market
Dale's Natural Foods
Edson Farms Natural Foods
Health Hutt
Natural Health Center
Nature's Gift Organic Market
Nature's Market
Sawall Health Foods
Western Market

MINNESOTA

A Clean Plate Local & Organic Grocery
Cloquet Natural Foods
Dutchmen Organics
Good Grocer
MANNA Food Co-op
Meadow Farm Foods
Tailor Made Nutrition

MISSOURI

Clover's Natural Market
Jean's Healthway
MaMa Jean's Natural Market
Natural Health Organic Foods
Nature's Own Health Market
Nature's Wonders
Nutrition Stop
Suzanne's Natural Foods
The Truck Patch

NEBRASKA

Red Clover Market

NORTH DAKOTA

Fresh Palate
Terry's Health Products

OHIO

Berry's Natural Food Market
Health Foods by Claudia
Kindred Market
Raisin Rack Natural Food Market

PENNSYLVANIA

Nature's Way Market

SOUTH DAKOTA

Pomegranate Market

TENNESSEE

Grubb's Grocery
Natural Foods Market
Nutrition World
The Turnip Truck Natural Market

TEXAS

Cox Farms Market
Fresh Plus Markets
Harvest Natural Market
The Market
Natural Foods Market
Next Generation
Sunflower Shoppe

WEST VIRGINIA

Mother Earth Foods
The Public Market

WISCONSIN

Appleton Nutrition
B-Alive
Downtown Grocery
The Free Market
Good Harvest Market
The Grainery
Greens N Grains
Healthy Way Market
Nature's Best Market
NDC Natural Market
Nutrition Discount Center
Organic Valley Retail Stores
Plan-It Earth Health Center
Village Market
Wild Berry Market