

SHOP HEALTHY. SHOP LOCAL. SHOP GOOD HARVEST.

Manager Specials!



2205 Silvernail Road | Pewaukee, WI | 262-544-9380

Prices Good 3/3-3/9



Organic Strawberries
- 1 lb pkg

\$4.99/ea

Reg. \$7.49/ea



Organic Brussels Sprouts

\$1.99/lb

Reg. \$3.99/lb



Breaded Organic Gluten Free Tilapia

\$7.49/lb

Reg. \$8.99/lb



All Natural Pork Steaks & Shoulder Roasts

\$4.49/lb

Reg. \$5.99/lb



Organic Blueberries
- 6 oz pkg

\$2.99/ea

Reg. \$4.29/ea



Boar's Head® Simplicity®
All Natural Brown Sugar
Uncured Ham - deli

\$10.99/lb

Reg. \$11.99/lb

All of our products are free from antibiotics, hormones, sodium nitrates, fillers, animal by-products, preservatives, trans fat, MSG, bleach, dyes, hydrogenated oils, high fructose corn syrup and artificial ingredients! Plus everything organic is GMO Free!

No GMO's. No Nitrates. No Antibiotics. No Hormones.

Specialty | Cafe/Deli | Meat/Seafood | Organic Produce



Organic Cauliflower

\$2.29/ea Reg. \$3.29/ea



Organic Asparagus

\$2.99/lb Reg. \$6.99/lb



Organic Broccoli

\$1.99/lb Reg. \$3.49/lb



Organic Mini Sweet Peppers - 1 lb bag

\$2.99/ea Reg. \$4.79/ea



Organic Mediterranean Orzo Salad - deli

\$10.49/lb Reg. \$11.49/lb



Organic Raisin Bran Muffin

\$1.99/ea Reg. \$2.99/ea



Silver Lozenges - Manuka Honey or Orange Splash

\$7.99/ea Reg. \$9.99/ea



Harvest Greek Salad - deli

\$7.99/lb Reg. \$8.99/lb

**Wellness
Every Day Low
Price!**

**New Chapter
Bone Strength**
- 120 count tablets

\$44.79/ea



Midwest Juicery Juice - all varieties

\$1.00 off Reg. \$7.99/ea



Flax4Life Muffins - all 4 pk varieties

\$1.00 off Reg. \$7.99/ea



Avia Riesling and Avia Pinot Noir

\$7.49/btl Reg. \$8.99/btl

Store Hours: Mon-Fri 8am-9pm | Sat 8am-7pm | Sun 9am-7pm

Monday - Saturday we are open one hour early for those at the highest risk of complications from COVID-19.