

INDEPENDENT Choice™

November 2018

Organic Valley
Organic Cream Cheese

\$2⁹⁹
8 oz



Eden
Organic Beans
(selected varieties)

\$1⁹⁹
15 oz



Farmer's Market
Organic
Pumpkin

2/\$4

15 oz



Late July
Organic
Crackers

2/\$5

6 oz



Muir Glen
Organic Tomatoes
(selected varieties)

5/\$5

14.5 oz



Alden's
Organic Ice Cream
(selected varieties)

\$6⁴⁹
48 oz



Pacific
Organic
Vegetable Broth

\$2⁹⁹
32 oz



Organic Valley
Organic Ghee

\$6⁹⁹
7.5 oz



So Delicious
CocoWhip

\$2⁹⁹
9 oz



Wholly Wholesome
Organic Pie Shell
(selected varieties)

\$3⁷⁹
14 oz



Did you know...

The Macy's Thanksgiving Day Parade was first televised nationally in 1948 after the gaining national attention in the movie *Miracle on 34th Street* the year before.

Prices & varieties may vary by location. Some items or varieties may not be available at all stores or on the same days in the month of November.

60260 333330 11/1/2018 1

Annie's Homegrown
Classic Mac
& Cheese

4/\$5

6 oz



Imagine
Organic Broth
(selected varieties)

\$2²⁹

32 oz



EPIC
Bone Broth

\$4⁹⁹

14 oz



Dr. McDougall's
Big Cup Soup
(selected varieties)

4/\$5

1.8-3.4 oz



Immaculate Baking
Organic Crescent Rolls

2/\$5

8 oz



Spectrum
Organic Extra Virgin
Mediterranean
Olive Oil

\$11⁹⁹

1 lt



The Ginger People
Organic Ginger Juice

\$3³⁹

5 oz



Sesmark
Rice Thins

\$2²⁹

3.5-4.25 oz



A. Vogel
Organic
Herbamare Sea Salt

\$4⁹⁹

8.8 oz



Jackson's Honest
Potato Chips

2/\$6

5 oz



SeaSnax
Organic Grab &
Go Seaweed Snack
(selected varieties)

5/\$5

.18 oz



Wild Planet
Wild Sardines
(selected varieties)

\$1⁸⁹

4.4 oz



Way Better Snacks
Tortilla Chips

2/\$5

5.5 oz



Garden of Eatin'
Blue Corn
Tortilla Chips

\$3⁴⁹

16 oz



Beanfields
Bean Chips

\$2²⁹

5.5 oz



Prices & varieties may vary by location. Some items or varieties may not be available at all stores or on the same days in the month of November.

Lundberg Family Farms
Wild Blend Rice

\$3⁶⁹
1 lb



Redmond
Real Salt
Shaker

\$4⁷⁹
10 oz



Bonafide Provisions
Organic
Bone Broth

\$6⁴⁹
24 oz



Stonyfield
Organic Whole
Milk Yogurt

2/\$6

32 oz



Organic Valley
Organic Sour Cream

\$3⁴⁹

16 oz



Daiya
Dairy Free
Cheese Style
Shreds

\$3²⁹

8 oz



Cascadian Farm Organic
Organic Potatoes

(selected varieties)

2/\$5

16 oz



Tofurky
Plant-Based Roast & Wild
Rice Stuffing

\$11⁹⁹

26 oz



Field Roast
Celebration
Roast

\$4⁹⁹

1 lb



Stonyfield ORGANIC **COOK WITH STONYFIELD THIS**
Holiday Season

THIS THANKSGIVING, THE BEST SOUS CHEF IN THE KITCHEN WILL BE A QUART OF YOGURT. SUBSTITUTE STONYFIELD ORGANIC WHOLE MILK IN ANY RECIPE THAT CALLS FOR OIL, MAYO OR SOUR CREAM! TRY IT FOR YOURSELF WITH OUR FAVORITE GREEN BEAN CASSEROLE.

FOR THIS RECIPE AND MORE VISIT WWW.STONYFIELD.COM/RECIPE

NON GMO Project VERIFIED **USDA ORGANIC**

Stonyfield ORGANIC
PLAIN WHOLE MILK
2 Lb (32 OZ) 907g Yogurt (5.1g Fat)

© 2018 STONYFIELD FARM INC.

Prices & varieties may vary by location. Some items or varieties may not be available at all stores or on the same days in the month of November.

Mediterranean Organic
Organic Capers



\$2²⁹
3.5 oz

Napa Valley Naturals
Organic Cold Pressed
Extra Virgin Olive Oil



\$9⁹⁹
25.4 oz

Applegate Farms
Breakfast Sausage
(selected varieties)



\$3⁴⁹
7 oz

Miyoko's Creamery
Organic Vegan
Double Cream
Cheese Wheel



\$6²⁹
6.5 oz

Against The Grain Gourmet
Gluten Free
Baguettes



\$5⁴⁹
15 oz

Rudi's Bakery
Organic 100%
Whole Wheat
Bread



\$3⁷⁹
22 oz

Pamela's
Baking &
Pancake Mix



\$5²⁹
24 oz

Peter Rabbit Organics
Organic Baby
Food Pouch
(selected varieties)



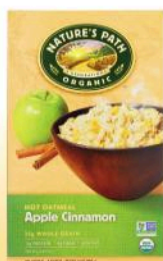
2/\$3
4-4.4 oz

Earth Balance
Vegan
Buttery Sticks



\$3⁶⁹
16 oz

Nature's Path
Organic
Hot Oatmeal
(selected varieties)



\$3³⁹
14 oz

So Delicious
Coconutmilk
Creamer



\$1⁹⁹
16 oz

Let's Do...Organic
Organic
Coconut Flakes



\$2⁴⁹
7 oz

One Degree Organics
Organic Sprouted
Brown Rice
Cacao Crisps



\$3⁹⁹
10 oz

Silk
Almondmilk
(selected varieties)



\$3⁷⁹
64 oz

Woodstock
Organic
Mangoes



\$3²⁹
10 oz

Prices & varieties may vary by location. Some items or varieties may not be available at all stores or on the same days in the month of November.

barkTHINS
Snacking
Chocolate
(selected varieties)

\$3²⁹

4.7 oz



Theo
Organic
Chocolate Bar
(selected varieties)

\$2²⁹

3 oz



Halo Top Creamery
Ice Cream

\$3⁹⁹

1 pt



Madhava
Organic
Coconut Sugar

\$4⁴⁹

16 oz



Enjoy Life Foods
Baking Chocolate

\$4²⁹

9-10 oz



Green & Black's
Organic
Chocolate Bar
(selected varieties)

\$2⁷⁹

3.5 oz



Frontier
Organic
Ground Cinnamon

\$3⁶⁹

1.9 oz



Wholesome
Organic Light
Brown Sugar

\$3⁷⁹

24 oz



Bob's Red Mill
Baking Soda

\$1⁸⁹

16 oz



HOLIDAY BAKING

is in the bag
with Bob's

NEW
Resealable Packaging
AVAILABLE NOW



Find holiday recipes and more at BOBSREDMILL.COM

Prices & varieties may vary by location. Some items or varieties may not be available at all stores or on the same days in the month of November.

GT's
Organic Enlightened
Kombucha
(selected varieties)

2/\$5

16 oz



Mountain Valley
Spring Water

3/\$5

1 lt



KeVita
Organic Sparkling
Probiotic Drink

\$2²⁹

15.2 oz



Navitas
Organic
Cacao Powder

\$6²⁹

8 oz



Traditional Medicinals
Organic Tea
(selected varieties)

2/\$7

16 ct



Lakewood
Organic Pure
Beet Juice

\$4⁷⁹

32 oz



Giovanni
2chic Ultra-Moist
Shampoo &
Conditioner

\$5⁹⁹

8.5 oz



Nutiva
Organic
Coconut Manna

\$6⁹⁹

15 oz



Mrs. Meyer's Clean Day
Hand Soap
(selected varieties)

\$3⁷⁹

12.5 oz



Desert Essence
Deodorant

\$4²⁹

2.5 oz



Mineral Fusion
Volumizing Mascara

\$15¹⁹

.57 oz



Better Life
All-Purpose
Cleaning Wipes

\$4⁹⁹

70 ct



Andalou Naturals
1000 Roses
Beautiful
Day Cream

\$15⁹⁹

1.7 oz



Alaffia
Everyday Shea
Body Wash

\$11⁹⁹

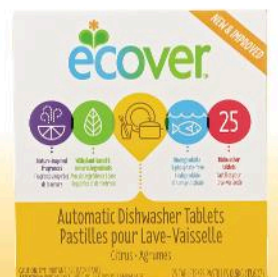
32 oz



Ecover
Dishwasher
Tablets

\$4⁴⁹

25 ct



Prices & varieties may vary by location. Some items or varieties may not be available at all stores or on the same days in the month of November.




PlusCBD Oil™ GOLD FORMULA
A great option for those looking for high-intensity support.

JOIN THE+ EVOLUTION™

Hemp-derived cannabidiol (CBD) has been recognized for its benefits on human health and is capable of affecting nearly every biological process via the endocannabinoid system. Our PlusCBD Oil™ products contain a biochemical matrix of phytocannabinoids including CBD, in addition to naturally-occurring fatty acids, terpenes, plant sterols, and vitamin E.

#1 SELLING HEMP CBD PRODUCTS*
*ACCORDING TO SPINS SCAN DATA
A CYSCIENCES BRAND



PLUS +CBD Oil™
HEMP-DERIVED CBD OIL

PlusCBD Oil
CBD Oil Spray
100 mg

\$19⁴⁹

1 oz



Life-flo
Pure Magnesium Oil

\$6⁹⁹

8 oz



Bluebonnet Nutrition
Liquid Calcium
Magnesium Citrate

\$11⁹⁹

16 oz



New Chapter
Wholemega™
Whole Fish Oil

\$19⁹⁹

60 sgel



Hyland's
Calms Forté

\$7⁴⁹

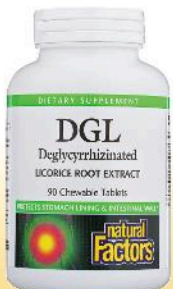
100 tab



Natural Factors
DGL 400 mg
Chewable

\$9⁹⁹

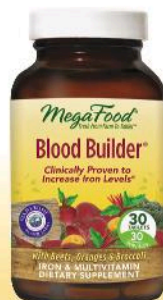
90 tab



MegaFood
Blood Builder

\$12⁴⁹

30 cap



Jarrow Formulas
Bone-Up

\$17⁹⁹

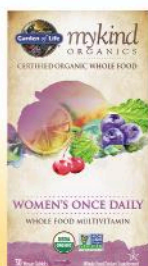
240 cap



Garden of Life
Organic mykind
Organics Women's
Once Daily Multi

\$18⁹⁹

30 tab



Boiron
Sinusalia

\$8⁴⁹

60 tab



Nature's Way
Umcka® Cold Care
Cherry Syrup

\$11⁹⁹

4 oz



Prices & varieties may vary by location. Some items or varieties may not be available at all stores or on the same days in the month of November.

When you love what you have,
you have everything
you need.

~Anonymous



Independent Choice™ specials are available at members of the Independent Natural Food Retailers Association store locations:

ALABAMA

Manna Grocery & Deli
2300 McFarland Blvd E, Tuscaloosa

ARKANSAS

Nature's Wonders
910 Hwy 62-65 N, Harrison

The Truck Patch

1602 Hwy 62E, Mountain Home
906 Southwest Dr, Jonesboro

ILLINOIS

Choices Natural Market
6718 Broadcast Pkwy, Loves Park

Cornucopia

Natural Market & Deli
176 Seminary St, Galesburg

Green Earth Grocery

441 S Buchanan St, Edwardsville

Heritage Natural Foods

1317 6th Ave, Moline

Kankakee Natural Foods

1035 Mulligan Dr, Bradley

Local Foods

1427 W Willow, Chicago

Polson's Natural Foods

960 Main St, Antioch

Southtown Health Foods

2100 W 95th St, Chicago

Sunrise Health Foods

17650 Torrence Ave, Lansing
3203 Vollmer Rd, Flossmoor
4111 W 183rd St, Country Club Hills

INDIANA

Cathy's Natural Market
1315 North Cass St, Wabash

Down to Earth Natural Foods

14678 SR 23 E, Grainger

Georgetown Market

4375 Georgetown Rd, Indianapolis

The Good Earth

Natural Food Company
6350 Guilford Ave, Indianapolis

Natural Choices

for Healthful Living
1825 Central Ave, Columbus

Nature's Cupboard

761 Indian Boundary Rd Ste 3,
Chesterton
340 Dunes Plaza, Michigan City

Rainbow Blossom

3003 Charlestown Crossing Way,
New Albany

Sunrise Health Foods

1708 E Lincolnway, Valparaiso

The Sunspot Natural Market

3717 S Reed Rd, Kokomo
500 W Sagamore Pkwy,
West Lafayette

Tyner Pond Farm Market

120 S Audubon Rd, Indianapolis

IOWA

Campbell's Nutrition
4040 University Ave, Des Moines
2749 100th St, Urbandale

Everybody's Whole Foods Store

501 N 2nd St, Fairfield

Heritage Natural Foods

3875 Elmore Ave, Davenport

KANSAS

Kountry Kupboard
15750 SW 150th St, Rose Hill

KENTUCKY

Happy Meadow Natural Foods
286 Glades Rd, Berea

Rainbow Blossom

3738 Lexington Rd, Louisville
3608 Springhurst Blvd, Louisville
12232 Shelbyville Rd, Louisville
3046 Bardstown Rd, Louisville

MICHIGAN

Better Health Market
3500 Washtenaw Ave, Suite L1, Ann
Arbor

42875 Grand River, Novi
10864 Belleville Rd, Belleville
2053 S Telegraph, Bloomfield Hills
1330 N Telegraph Rd, Dearborn
305 N Clippert St, Lansing
19850 Mack Ave, Grosse Pointe
Woods
20432 Farmington Rd, Livonia
44427 W Ann Arbor Rd, Plymouth
17696 W 13 Mile Rd, Beverly Hills
33452 Van Dyke, Sterling Heights
17825 Eureka Rd, Southgate
6235 W Saginaw, Lansing
14105 Hall Rd, Shelby Township

Natural Health Center

4610 W Main St, Kalamazoo

MINNESOTA

A Clean Plate
Local & Organic Grocer
13 Birch Ave SE, Menahga

MISSOURI

Clovers Natural Market
2012 E Broadway, Columbia
2100 Chapel Plaza Ct, Columbia

Mama Jean's Natural Market

3530 E Sunshine, Springfield
1727 S Campbell Ave, Springfield
1110 E Republic Rd, Springfield

MJ's Market & Deli

900 E Battlefield, Springfield

Natural Health Organic Foods

135 S Broadview St,
Cape Girardeau

Nature's Own Health Market

1020 Westport Road, Kansas City
310 E 5th St, Kansas City

Suzanne's Natural Foods

3106 S Connecticut, Joplin

OHIO

Raisin Rack
Natural Food Market
4629 Cleveland Ave NW, Canton
2545 Schrock Rd, Westerville

PENNSYLVANIA

Nature's Way Market
796 Highland Ave, Greenburg

TEXAS

Fresh Plus
1221 W Lynn St, Austin
408 E 43rd St, Austin
2917 W Anderson Ln, Austin
2401 San Gabriel, Austin

WEST VIRGINIA

Mother Earth Foods
1638 19th St, Parkersburg

WISCONSIN

Downtown Grocery
607 Third St, Wausau

The Free Market

734 W Wisconsin Ave, Appleton

Good Harvest Market

2205 Silvernail Rd, Pewaukee

The Grainery

127 3rd St, Baraboo

Greens N Grains

7821 Hwy 42, Egg Harbor

Healthy Way Market

142 S 3rd Ave, Sturgeon Bay

Village Market

806 S Main St, Fond du Lac