

Manager Specials!

Prices Good 1/16-1/22



Organic Fuji Apples

\$0.99/lb

Reg. \$2.99/lb



Organic Naval Oranges

\$0.99/ea

Reg. \$1.49/ea



All Natural Extra Meaty Pork Back Rib

\$3.99/lb

Reg. \$5.99/lb



Boar's Head Organic Herb Turkey

12.99/lb

Reg. \$13.99/lb



Organic Avocados

\$0.99/ea

Reg. \$1.79/ea



Flax 4 Life Cakes All Varieties

\$7.99/ea

Reg. \$9.99/ea

All of our products are free from antibiotics, hormones, sodium nitrates, fillers, animal by-products, preservatives, trans fat, MSG, bleach, dyes, hydrogenated oils, high fructose corn syrup and artificial ingredients! Plus everything organic is GMO Free!

No GMO's. No Nitrates. No Antibiotics. No Hormones.

Specialty | Cafe/Deli | Meat/Seafood | Organic Produce



Organic Green, Red, Lacinato Kale

\$1.99/ea Reg. \$2.99/ea



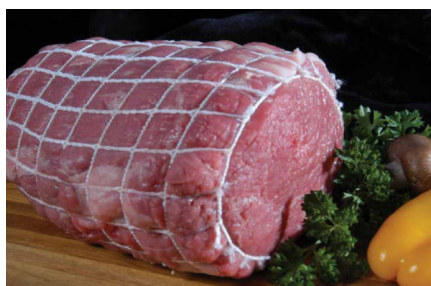
Organic Rainbow Chard

\$1.99/ea Reg. \$2.99/ea



Organic Sweet Mini Peppers - 1 lb bag

\$3.99/ea Reg. \$5.99/ea



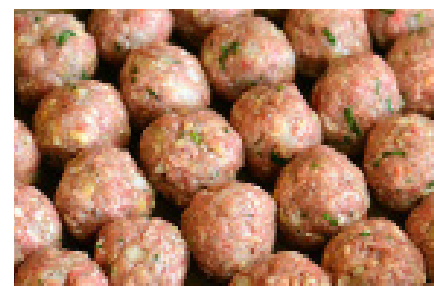
All Natural Pork & Pasture Raised Beef Combo Roast

\$5.99/lb Reg. \$6.99/lb



Breaded Organic Tilapia

\$7.99/lb Reg. \$9.99/lb



House Made Meatballs or Meat Loaf

\$6.99/lb Reg. \$7.99/lb



Organic Roma Tomatoes

\$1.79/lb Reg. \$3.99/lb



Organic Confetti Salad

\$6.99/lb Reg. \$7.99/lb



Boar's Head Organic White Cheddar

\$9.49/lb Reg. \$9.99/lb

New Glarus Beer Sale!

New Glarus 4pks & 6 pks
\$0.50 off reg. varies

New Glarus 12pks
(cans & bottles)

\$1.00 off reg. varies



Field Day Paper Products
napkins, paper towels, bath tissue

10% off Reg. varies



Andrew & Everette
Cheese Shreds

\$0.50 off Reg. varies

Store Hours:

Mon-Fri 8am-9pm | Sat 8am-7pm | Sun 9am-7pm